CARRIER INFORMATION 2023

ANTHEM MEDICAL INSURANCE:

- www.Anthem.com Member service 1-833-578-4441
- **Sydney Health mobile app** available to find a doctor, urgent care, hospitals, emergency room & access your id card.

PRESCRIPTIONS:

- www.Caremark.com Member service 1-888-202-1654
- **CVS/Caremark mobile app** available to refill/renew service prescriptions, check order status and view history, check drug coverage and costs under your plan, find local pharmacies in your plan's network, check for potential drug interactions among medications.

DENTAL INSURANCE:

- www.memberportal.com Member service 1-800-524-0149
- **Delta Dental mobile app** available to find a dentist, cost estimator, check your coverages and view claims.

VISION INSURANCE:

- <u>www.vsp.com</u> Member service 1-800-877-7195
- **VSP Vision Care on the Go mobile app** available to find a doctor, check your claims and benefits, rebates and special offers glasses, contacts and Lasik, eye care information and your member vision card.

WELLNESS FOR CONDITION MANAGEMENT & COACHING PROGRAMS

• EFFECTIVE 1/1/2022: - <u>www.lark.com</u> You will need your ID card or call 1-866-962-1071

EMPLOYEE ASSISTANCE PROGRAMS (EAP):

- <u>www.anthemeap.com</u> Enter Company code: SWOH EPC Or call 1-800-865-1044
- www.guidanceresources.com Register using Group ID: OneAmerica3 or call 855.387-9727
- Available 24/7, 365 days a year for 3 FREE visits of Counseling services, Legal & Financial consultations, ID recovery, Dependent care & daily living resources, Crisis consultation and other anthemeap.com resources.

BENELOGIC:

- <u>https://epc-online.benelogic.com</u>
- Employee login (first name initial last name with last 4 of SSN) = jsmith1234
- If you have a qualifying status change, submit a change request to change your enrollments, view your change request history, upload documents, and view your current benefits.

MEDICARE/RETIREMENT BENEFITS:

- www.retiremedIQ.com/epcschools or Call 1-800-605-6525
- Before retirement, Medicare options, insurance benefit comparisons, etc.