	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			3	4	5
	CARROTS & CELERY E	VERYDAY.	Cheese Soup	Smoky Link Sandwich	Cheese Pizza
	1% WHITE MILK,		Steamed Broccoli	Mashed Potatoes/sauer	Diced Carrots or Hummus
5	SKIM FLAVORED MILK	OR 2 JUICES take	Mandarin Oranges	Banana	Tropical Fruit Mix
	place of milk INCLUDED	).	w/g Hot Pretzel/Cracker	Danimals Yogurt	Pudding
AL 7-12			Same	Same	Chicken Nuggets
SL 7-12			Breadsticks/Marinara	Chicken Twister	Coney Dog Bar
Z 1-6			<b>EZ JAMMERS</b>	Cheese & Crackers	Yogurt & Graham
	8	9	10	11	12
	Sloppy Joes	Rudy's Popcorn Chicken	Hotdog	Turkey and Gravy	Crispy Fish Sandwich
	Cavalier Fries	Romaine Salad/Ranch	Baked Beans	Mashed potatoes	Green Beans
6	Diced Pears	Pineapple Chunks	Strawberries	Peaches	Applesauce
	Fruit Snack	Dinner Roll /Butter	Cake	W/G butter bread	OREO
AL 7-12	Pizza	Same	Same	Same	Popcorn Chicken
SL 7-12	Mashed Potato Bar	Chicken noodle soup	Grilled Cheese	Shrimp	Chicken Sandwich
Z 1-6	Ham & Cheese Sand	Yogurt	<b>EZ JAMMERS</b>	Yogurt	Cheese & Crackers
	15	16	17	18	19
			Macaroni& Cheese	Country Fried Steak	Chicken Twister
7			Green Beans or Hummus	Mashed Potatoe	Lettuce & Cheese
	Martin Luther King	Teacher Inservice	Cinnamon Apples	Mixed Fruit	Fresh Grapes
	Day		Pretzels	W/G butter bread	Fruitables Punch
AL 7-12	No School	No School	Same	Same	Chicken Sandwich
SL 7-12			Biscuit & Sausage gravy	Chicken Quesadilla	Coney Dog Bar
Z 1-6			<b>EZ JAMMERS</b>	Cheese & Crackers	<b>EZ JAMMERS</b>
	22	23	24	25	26
	Chicken Nuggets	Hamburger Sandwich	Pepperoni Pizza	Beef Noodles	Breadsticks/Marinara
	Cauliflower or Hummus	French Fries/cubed potatoes	Bean Bag Salsa	Diced Carrots	Broccoli Salad
1	Diced Pears	Diced Peaches	Pineapple Chunks	Fresh Apple Slices	Craisins
	Dinner Roll /Butter	S'more Snack	Potato Chips	Cinnamon Swirl Cake	Vanilla Wafers
AL 7-12	Pizza	Same	Same	Same	Popcorn chicken
SL 7-12	Mr. Fish Sandwich	Chili soup	Cheese Sticks	Chicken Quesadilla	Taco Bar
Z 1-6	Cheese & Crackers	Yogurt	<b>EZ JAMMERS</b>	Cheese& Crackers	Yogurt & Graham
	29	30	31		
	Breaded Drumstick	Hotdog Sandwich	Chicken Patty Sand		Monthly Lunch \$ to send:
	Green Beans	Waffle Fries	Corn/Hummus		K-8: 40.85
2	Tropical Fruit Mix	Fresh Orange Wedges	Diced Peaches		HS: 42.75
	w/g Dinner Roll/Butter	w/g Carnival Cookie	Ice Cream Cup		
AL 7-12	Pizza	Same	Same		
SL 7-12	Sausage & Egg Sandwich	Cheese potatoe soup	Breadsticks/Marinara		
Z 1-6	Cheese & Crackers	<b>EZ JAMMERS</b>	Salami & Cheese Sandwich		

JANUARY

2024

Breakfast is served Daily from 8-8:15. Elementary students can get breakfast bags in the Nurses office.

Menu subject to change Price for meals: k-8 2.15 High School 2.25 Teacher 2.75 + .55 for a drink. Account Questions: ahrens.ashley@coldwatercavs.org Online Payment: www.payschoolscentral.com This institution is an equal opportunity provider