



COLDWATER CAVALIER

Youth Winter Wrestling Camp 2023-2024

What: Athletes will learn basic wrestling skills, drills, and exercises.

Hosted by the Coldwater Wrestling coaches When: Sundays January 7, 14, 21, 28 and February 4th Grades: Kindergarten, 1st and 2nd 2:00 - 3:15

Where: Southside of CPAC building (building next to the football stadium)

Cost: Camp cost is \$25, includes a camp shirt.

Registration is online. Here is the link <u>https://coldwaterathletics.org/tickets/</u> If having trouble signing up online please contact the high school office.

Shirt size:

Youth S (6-8) M (10-12) L (14-16) XL (18-20)

Adult

Small Medium Large X-Large XX-Large XXX- Large

Registration is due by Friday November 17th, 2023

Any questions please contact Coach Aaron Alig at 419-678-4821 ext. 5217 or e-mail <u>alig.aaron@coldwatercavs.org</u>